Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: ZPL

Coachinfo: Warming up from: 08:00 untill 08:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gerard Pascal HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:1, starttime: 09:00

Heat: 1/4 Lane : 7 Athlete: OOSTERBOSCH NOAH — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:2, starttime: 09:03

Heat: 2/4 Lane : 1 Athlete: JONGEN KENZI — **Q-time: 02:02:58**

PB (50m pool): 02:02.58 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:59.55 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:59.47	02:02.58	
	00:59.47	*01:03.11*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11-14 — Heat:2, starttime: 09:13

Heat: 2/4 Lane : 1 Athlete: GERARD LAURE — **Q-time: 01:56:38**

PB (50m pool): 01:56.38 SportinGenk Park 11/11/2025 **PB (25m pool):** 01:46.54 **SB:** no time

	5 0 M	1 0 0 M	
PB	no time	01:56.38	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: ZPL

Event number: 2: 100M BREASTSTROKE WOMEN 11-14 — Heat:2, starttime: 09:13

Heat: 2/4 Lane : 3 Athlete: JONGEN JADE — **Q-time: 01:49:00**

PB (50m pool): 01:46.48 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:42.56 **SB:** no time

	50 M	100 M	
PB	00:50.40	01:46.48	
	00:50.40	*00:56.08*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11-14 — Heat:3, starttime: 09:16

Heat: 3/4 Lane : 2 Athlete: TAMER KARMA — **Q-time: 01:42:33**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11-14 — Heat:3, starttime: 09:16

Heat: 3/4 Lane : 6 Athlete: HERMANS FéLICE — **Q-time: 01:42:17**

PB (50m pool): 01:42.17 Genk 01/02/2026 **PB (25m pool):** 01:34.76 **SB:** no time

	50 M	100 M	
PB	00:50.11	01:42.17	
	00:50.11	*00:52.06*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 09:23

Heat: 2/6 Lane : 2 Athlete: OOSTERBOSCH FINN — **Q-time: 99:99:99**

PB (50m pool): 02:21.37 SportinGenk Park 06/04/2026 **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	01:09.31	02:21.37	
	01:09.31	*01:12.06*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: ZPL

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 09:35

Heat: 6/6 Lane : 6 Athlete: NICOLAERS MARIE — **Q-time: 01:45:56**

PB (50m pool): 01:45.56 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:45.94 **SB:** no time

	50 M	100 M	
PB	00:51.35	01:45.56	
	00:51.35	*00:54.21*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-14 — Heat:1, starttime: 09:37

Heat: 1/3 Lane : 5 Athlete: JONGEN KENZI — **Q-time: 01:47:94**

PB (50m pool): 01:47.94 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:39.09 **SB:** no time

	50 M	100 M	
PB	00:53.59	01:47.94	
	00:53.59	*00:54.35*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BACKSTROKE MIXED 10-9 — Heat:1, starttime: 09:53

Heat: 1/1 Lane : 3 Athlete: NICOLAERS MARIE — **Q-time: 01:36:64**

PB (50m pool): 01:36.64 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:41.85 **SB:** no time

	50 M	100 M	
PB	00:50.95	01:36.64	
	00:50.95	*00:45.69*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BUTTERFLY WOMEN 11-14 — Heat:1, starttime: 10:00

Heat: 1/2 Lane : 1 Athlete: HERMANS FéLICE — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: ZPL

Event number: 8: 100M BUTTERFLY WOMEN 11-14 — Heat:1, starttime: 10:00

Heat: 1/2 Lane : 8 Athlete: JONGEN JADE — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 200M MEDLEY WOMEN 11-14 — Heat:1, starttime: 10:33

Heat: 1/3 Lane : 4 Athlete: TAMER KARMA — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 200M MEDLEY WOMEN 11-14 — Heat:2, starttime: 10:37

Heat: 2/3 Lane : 2 Athlete: GERARD LAURE — **Q-time: 03:31:74**

PB (50m pool): 03:31.74 SportinGenk Park 24/05/2026 **PB (25m pool):** 03:30.11 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:50.65	01:45.69	02:45.45	03:31.74	
	00:50.65	*00:55.04*	*00:59.76*	*00:46.29*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:2, starttime: 10:48

Heat: 2/7 Lane : 7 Athlete: OOSTERBOSCH FINN — **Q-time: 01:58:27**

PB (50m pool): 01:58.27 SportinGenk Park 24/05/2026 **PB (25m pool):** 02:19.21 **SB:** no time

	50 M	100 M	
PB	00:58.42	01:58.27	
	00:58.42	*00:59.85*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: ZPL

Event number: 13: 100M FREESTYLE MEN 11-14 — Heat:1, starttime: 11:02

Heat: 1/4 Lane : 5 Athlete: OOSTERBOSCH NOAH — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11-14 — Heat:2, starttime: 11:05

Heat: 2/4 Lane : 8 Athlete: JONGEN KENZI — **Q-time: 01:42:90**

PB (50m pool): 01:40.71 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:26.33 **SB:** no time

	50 M	100 M	
PB	00:48.25	01:40.71	
	00:48.25	*00:52.46*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11-14 — Heat:2, starttime: 11:13

Heat: 2/5 Lane : 3 Athlete: GERARD LAURE — **Q-time: 01:30:33**

PB (50m pool): 01:25.07 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:23.66 **SB:** no time

	50 M	100 M	
PB	00:41.65	01:25.07	
	00:41.65	*00:43.42*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11-14 — Heat:2, starttime: 11:13

Heat: 2/5 Lane : 4 Athlete: JONGEN JADE — **Q-time: 01:21:23**

PB (50m pool): 01:24.89 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:39.05 **SB:** no time

	50 M	100 M	
PB	00:38.89	01:24.89	
	00:38.89	*00:46.00*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: ZPL

Event number: 14: 100M FREESTYLE WOMEN 11-14 **Heat:2, starttime: 11:13**

Heat: 2/5 Lane : 6 Athlete: HERMANS FéLICE **Q-time: 01:30:52**

PB (50m pool): 01:30.52 Genk 01/02/2026 **PB (25m pool):** 01:25.36 **SB:** no time

	50M	100M	
PB	00:42.99	01:30.52	
	00:42.99	*00:47.53*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11-14 **Heat:3, starttime: 11:16**

Heat: 3/5 Lane : 2 Athlete: TAMER KARMA **Q-time: 01:17:94**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50M	100M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback: